



**South-Central Synod of Wisconsin
Evangelical Lutheran Church in America**
God's work. Our hands.

SPEAKER'S BUREAU CONTACT INFORMATION

TOPIC: Best practices for healthy congregational life and ministry



FIRST NAME: Arden

LAST NAME: Mahlberg

ORGANIZATION/COMPANY: co-author with Craig L. Nesson, *The Integrity of the Body of Christ: Boundary Keeping as Shared Responsibility*, Cascade, 2016

PHONE: 608-255-9330 ext. 8101

EMAIL: afmahlberg@aol.com

WEBSITE URL: <http://www.integralpsychology.com/site/arden-mahlberg.html>

DESCRIPTION OF YOUR OFFERING:

Arden Mahlberg, PhD, a psychologist and Director of The Integral Psychology Center, has decades of experience consulting with clergy on boundary issues and self-care challenges that are unique to the ministry. He has been the Synod's ASSIST provider since its inception. He also has experience as a lay leader, having been Council President of Bethel in Madison. Before graduate school, he spent 3 years working on social ministry for the Minn. Synod, LCA. In addition to his extensive experience, Arden draws on a large body of research in behavioral ethics that leads to the conclusion that the best approach to boundary issues is to promote specific best practices since our moral judgment is so subject to distortion. Best practices and guiding principles protect and enhance the integrity of ministry and persons. Arden gives talks on this subject with Power Point and is available for staff and lay retreats. He is also available to speak on the value of Sabbaticals for congregations and their clergy.